



Behavioral Health Services

YOU ARE NOT ALONE.

We know the recent flooding has been very difficult for many and has impacted homes, livestock, businesses, and personal well-being. If you find yourself in need of help, the following are resources available to you.

NEBRASKA FAMILY HELPLINE

1-888-866-8660

NEBRASKA RURAL RESPONSE HOTLINE

1-800-464-0258

DISASTER DISTRESS HELPLINE

1-800-985-5990

NATIONAL SUICIDE PREVENTION LIFELINE

1-800-273-TALK (8255)